



OUR VISION To provide and manage a comprehensive range of quality leisure facilities, which enhance the quality of life for the residents, workers and visitors of Pendle with particular emphasis on improving the wellbeing of our community.

Pendle Leisure Trust manages **7** facilities:

- Pendle Wavelengths, Nelson
- Pendle Leisure Centre, Colne
- West Craven Sports Centre, Barnoldswick
- Seedhill Athletics & Fitness Centre, Nelson
- Inside Spa, Nelson
- The Muni Theatre, Colne
- Marsden Park Golf Club, Nelson (In Partnership with Revolution Golf)

The Trust also manages community-based projects

UP and Active Project
(encompassing Healthy Lifestyles and Community Health Intervention projects)

UP active

ARTS for Well-being PENDLE
Enriching lives through creative art

The Good Life Project
Therapeutic Horticulture
Hodge House Allotments in Nelson

We are not-for-profit organisation & every **£1** spent with the Trust is invested back into its facilities & activities



Proud to be part of Sport England's Pennine Lancashire Local Delivery Pilot "Together an Active Future."

Together an Active Future >>>>

1 ATTENDANCE 23/24

Over **672,000** people used PLT's facilities

2 SWIMMING 23/24

We taught **1,630** children to swim every week across our 3 leisure centres

- 26,000** school children were taught to swim during school swimming sessions across our pools
- 7,500** children attended the Pendle Primary School Swim for FREE Scheme
- Over **240,000** people took part in swimming-based activities across our pools

3 CLASSES 23/24

Over **70,000** took part in our fitness classes

Due to demand, we've introduced many new classes to the timetables across the sites

4 MEMBERSHIPS 23/24

We've increased Activo membership base (including the Feelgood Suite) by **6.4%**

We saw a growth in our membership income by **9.75%** (without rising prices)

&

We saw an **11%** growth in junior participation across all sites.

Up and Active Projects
Over **7,000** attended one of our Up and Active Community Intervention programmes such as the Healthy Lifestyle, Adult Weight Management and Cardiac Rehabilitation

The Good Life Project
Hodge House Allotments in Nelson
Over **6,000** in attendance throughout the year.

Arts for Wellbeing Project
527 attended our Arts for Wellbeing project

Out of all attendees surveyed:
96% have improved levels of physical activity
90% have improved levels of mental wellbeing
88% have lost weight

ECO FRIENDLY

PLT has been environmentally responsible and we have reduced

- gas consumption by **2.4%**
- electricity consumption by **2.1%**

Whilst maintaining the same pool temperature for over 25 years

5 WELLBEING