SENIORS COME & STAY WARM WITH US THIS NOVEMBER

West Craven Sports Centre
Kelbrook Rd, Barnoldswick
01282 666710

FREE Session with FREE Brew Afterwards

Monday: 1pm – 3pm
No Strings Badminton

Bus Timetable
Brierfield Town Hall 11:43am, to Barnoldswick Fernlea Ave 12:35pm (M5)
Colne Market Street 12:10pm stand 4, to Barnoldswick Fernlea Ave 12:35pm (M5)
Nelson bus station 11:50am stand 7, to Barnoldswick Fernlea Ave 12:35pm (M5)

Monday: 4pm – 4.45pm
Core Stability

Bus Timetable
Brierfield Town Hall 2:43pm, to Barnoldswick Fernlea Ave 3:35pm (M5)
Colne Market Street 3:10pm stand 4, to Barnoldswick Fernlea Ave 3:35pm (M5)
Nelson bus station 2:50pm stand 7, to Barnoldswick Fernlea Ave 3:35pm (M5)

Tuesday: 11.45am – 12.45pm
Racket Sports

Bus Timetable
Brierfield Town Hall 10:43am, to Barnoldswick Fernlea Ave 11:35am (M5)
Colne Market Street 11:10am stand 4, to Barnoldswick Fernlea Ave 11:35am (M5)
Nelson bus station 10:50am stand 7, to Barnoldswick Fernlea Ave 11:35am (M5)

FREE Session

Monday: 4pm – 6.30pm
Swimming

Bus Timetable
Brierfield Town Hall 2:43pm, to Barnoldswick Fernlea Ave 3:35pm (M5)
Colne Market Street 3:10pm stand 4, to Barnoldswick Fernlea Ave 3:35pm (M5)
Nelson bus station 2:50pm stand 7, to Barnoldswick Fernlea Ave 3:35pm (M5)

Tuesday: 4pm – 6.30pm
Swimming

Bus Timetable
Brierfield Town Hall 2:43pm, to Barnoldswick Fernlea Ave 3:35pm (M5)
Colne Market Street 3:10pm stand 4, to Barnoldswick Fernlea Ave 3:35pm (M5)
Nelson bus station 2:50pm stand 7, to Barnoldswick Fernlea Ave 3:35pm (M5)

EXTENDED INTO DECEMBER!

Buy any hot drink from Sue's Pantry and receive a FREE Swim/Gym Session*

Wednesday, Thursday & Friday: 11am – 4pm
*(To be redeemed anytime throughout December)

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Colne Market Street 10:10am Stand 4, to Barnoldswick Fernlea Ave 10:35am (M5)
Nelson Bus Station 9:50am Stand 7, to Barnoldswick Fernlea Ave 10:35am (M5)

pendle leisure trust
Committed to your health & wellbeing